

## PRODUCT INFORMATION

# Probust®

*Probust® is an optimized blend of proven medicinal herbs formulated to support healthy female hormone balance – the basis of a full and firm bust. Probust® is an effective, risk-free and non-surgical option that is available in capsules.*

### Basic Facts

Achieving a healthy hormone balance is the first step to attaining optimal breast size and fullness. Many women are not aware of the fact that disturbed hormone balance, which can be caused by various environmental factors, stress, false nutrition and the like, may lead to incomplete development of the breasts during puberty. With advanced age, hormone imbalance, particularly after pregnancy and breastfeeding, may lead to shrinking or sagging breasts.

Probust® is a revolutionary breakthrough formula that provides a natural and safe alternative to medication and surgical interventions. It is a blend of natural herbs that have been used for decades in naturopathy to maintain healthy hormone balance in women. Once healthy hormone balance is restored, the body can regain optimal function: The ensuing result is often – among other things – an increase in breast size and fullness. Studies found that in up to 80 percent of the women who used Probust®, breast size and breast volume increased, and premenstrual complaints were significantly reduced.

### Effects

Throughout life, the female body goes through radical hormonal changes. Many of these changes can be traced back to heavily denaturalized food, synthetic drugs, chemical substances in the environment and the stress of modern life. As a result, approximately 80 percent of women are dissatisfied with their bust.

Probust®'s hormone-free plant blend supports and efficiently optimizes healthy biological processes in female breast tissue.

Harnessing the amazing wisdom of nature, plant healing (phytotherapy) has been utilized by humans for thousands of years.

The use of synthetically produced substances and surgical interventions are justified in certain emergencies. But their

thoughtless or indiscriminate use, for example, to address natural physical complaints caused by hormone changes, can put great strain on the body, and the side effects may further disturb its balance.

Phytotherapy is a method which neither leaves scars nor poses the risk of dangerous side effects. Natural substances in the highest possible purity, if properly prepared and wisely used, can give us a more beautiful look. More importantly, they also contribute to greater well-being because they reunite us, gently and quietly, with our roots – the earth and our natural environment.

Probust® is a natural blend of herbs that supplies the body with the nutrients needed for healthy breast growth and fullness. These substances work primarily by gently harmonizing natural hormone balance; a more beautiful bosom is the natural result. This food supplement was originally developed to help maintain healthy hormone balance. This is why many women today value Probust®; not only due to its positive effects on healthy breast growth.

**Blessed thistle extract (Cnicus benedictus):** Also called holy thistle, this plant was used as early as the 17th century to successfully help maintain healthy female hormone balance.

**Dandelion root extract (Taraxacum officinale):** A great natural source of vitamins and minerals used in traditional women's medicine, dandelion tonifies the female organs and helps to soothe PMS symptoms.

**Damiana leaf extract (Turnera aphrodisiaca):** An aphrodisiac herb used by the ancient Maya to help maintain healthy female hormone balance and support proper development of the mammary glands.

**Dong quai root extract (Angelica sinensis):** Known as «angelica root» in traditional Chinese medicine, dong quai influences the activity of the glands and promotes a regular menstrual cycle.

**Lemon balm extract (Melissa officinalis):** Lemon balm is an antibacterial, antiviral sedative from the monastery garden.

**Saw palmetto extract (Serenoa repens):** Saw palmetto's healing power supports healthy sexuality, and has been utilized by the ancient South American people as a sexual stimulant and for helping to maintain healthy hormone balance.

**Wild yam root extract (Discorea villosa):** A natural hormone precursor, wild yam root soothes painful menstruation and influences all female hormones.



**At a Glance**

**Probust®**

- ▶ Naturally promotes healthy breast growth and firmness
- ▶ Supports healthy female hormone balance
- ▶ Soothes uncomfortable premenstrual and postmenopausal symptoms

**Probust®**

## Uses

**Healthy breast growth:** The American Bradford Institute controlled and evaluated a two-year clinical trial examining the effects of Proburst®. The trial proved the efficacy of the product.

Many women assuming Proburst® reported that the first visible results occurred within a few weeks. The maximum effect was achieved after approximately six to nine months.

A perfect time to start taking it is during puberty, because of its positive influence on hormone balance and its ability to promote the natural development of the female organs.

There is no fear of overdose with Proburst® because even in cases where it is taken long-term to maintain healthy hormone balance, breast growth will not exceed the body's natural growth limit.

**Further fields of application:** PMS (premenstrual syndrome), painful menstruation, vaginal dryness as well as increased vaginal discharge and helping to maintain healthy female hormone balance in general.

## Composition

### One capsule contains:

	per capsule	daily dose
Saw palmetto extract	200 mg	800 mg
Damiana leaf extract	75 mg	300 mg
Dong quai root extract	40 mg	160 mg
Blessed thistle extract	30 mg	120 mg
Dandelion root extract	30 mg	120 mg
Lemon balm extract	45 mg	180 mg
Wild yam root extract	10 mg	40 mg

in pharmaceutical grade. Other ingredients: microcrystalline cellulose, magnesium stearate, SiO<sub>2</sub>.

## Dosage

### Breast firming

In normal cases take 2 capsules in the morning and 2 capsules in the evening with plenty of fluid for a period of 6–9 months.

After having reached the desired results, take Proburst® for maintenance every 3–4 months for a period of 2–3 weeks.

### Hormone balancing

In cases of PMS, painful menstruation, cramps, hot flashes, menopausal complaints and the like, take 2 capsules in the morning and in the evening with plenty of fluid.





## Instructions

Food supplements are no substitute for a well-balanced diet and a healthy lifestyle. The indicated recommended daily intake should not be exceeded. Persons under constant medical care should consult a physician before taking the supplements. Product information is not to be considered a statement regarding cure; in general, we advise against self-medication without proper consultation of a doctor. Subject to mistakes and print or typographical errors.

Store in a cool and dry environment, out of reach for children.

### Proburst® Product Groups

Proburst® can be found in the following product groups ([www.vitabasix.com](http://www.vitabasix.com)):

-  **Hormones & Hormone-like Substances**
-  **Depression & Moods**
-  **Women's Health**
-  **Sexuality & Libido**

Manufacturer:



**VitaBasix**®

by LHP Inc.

[www.vitabasix.com](http://www.vitabasix.com) | [uk@vitabasix.com](mailto:uk@vitabasix.com)

Tel.: 00800-7030-7060 | Fax: 00800-1570 1590

### Important information:

Our products are manufactured in accordance with the GMP (Good Manufacturing Practice) standard. Their quality, purity and concentration are regularly tested in independent test laboratories, in keeping with the FDA (Food and Drug Administration) guidelines.

Our products should be regarded as preventive measures or measures to enhance the individual's general wellbeing. Patients must consult a doctor before using the products for the treatment of diseases.

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